

There are three further pieces of literature which are very helpful specifically regarding practice with openly non-monogamous clients:

- Labriola, K. (2010). *Love in abundance: A counselor's advice on open relationships*. California, CA: Greenery Press.
- Weitzman, G. (2006). Therapy with clients who are bisexual and polyamorous. In R.C. Fox (Ed.), *Affirmative psychotherapy with bisexual men and bisexual women*. Binghamton, NY: Harrington Park Press.
- Weitzman, G. (2009–2010). *What psychology professionals should know about polyamory*. National Coalition for Sexual Freedom. Available from: http://ego.thechicagoschool.edu/s/843/images/editor_documents/What%20therapists%20should%20know%20about%20Polyamory.pdf.

It would also be useful to read some of the key literature aimed at openly non-monogamous people themselves, as these include useful overviews of common issues, different ways of doing it, things that people often “get wrong”, and useful ways of managing it:

- Easton, D., & Hardy, J. (2009). *The Ethical Slut*. California, CA: Greenery Press.
- Taormino, T. (2008). *Opening up: A guide to creating and sustaining open relationships*. San Francisco, CA: Cleis Press Inc.

The following reviews of the research are helpful if you want more detail:

- Barker, M., & Langdrige, D. (Eds.) (2010). *Understanding non-monogamies*. New York, NY: Routledge.
- Barker, M., & Langdrige, D. (2010). Whatever happened to non-monogamies? Critical reflections on recent research and theory. *Sexualities*, 13(6), 748–772.
- Bonello, K. (2009). Gay monogamy and extra-dyadic sex: A critical review of the theoretical and empirical literature. *Counselling Psychology Review*, 24(3 & 4), 51–65.

There are also many, many helpful websites on these topics, many of which list other key resources. Here are just a few:

bi.org/uk-poly/polyuk.html

www.faqs.org/faqs/polyamory/faq

www.polyamory.org.uk

www.practicalpolyamory.com

www.resourcewoman.org/polyamory

The poly-friendly professionals' websites can be found on:

www.lovingmorenonprofit.org/polyprofessional.php

www.polychromatic.com/pfp/main.php