



Contents

Preface	vii
About the Authors	xi
About the Contributing Authors	xii
PART I. GET READY FOR YOUR TRANSITION TO THE WORKPLACE	1
1. Meet the New Workplace Realities (and Your Paperback Mentors)	3
2. Yes! You Can Succeed in Life With a Bachelor's Degree	15
3. Make the Most of Your Opportunities—Now!	35
PART II. KNOW THYSELF—BETTER!	57
4. What Is the Secret of Excellent Career Planning? by Camille Helkowski	59
5. Your Journey Through Psychosocial Development Continues Long After Graduation	77
6. Know the Skills You Need to Succeed (Course Content is No Longer the Focus)	95
7. Jump-Start Your Job Search by John Jameson	113

PART III. ONBOARDING TO WORK	141
8. Why Are Attitudes, Motivation, and Work Centrality Important?	143
9. Your First Real Job? It's Primarily About Communicating	165
10. Avoid False Expectations: Onboarding and Your First 90 Days	185
PART IV. I GRADUATED AND GOT A JOB: WHAT'S NEXT?	207
11. Your Personal Life Changes After College by Abby (Wilner) Miller	209
12. From Know Thyself to Manage Thyself	227
13. Prime Yourself for More Transitions	245
14. What Lies Ahead?	261
Author Index	281
Subject Index	285