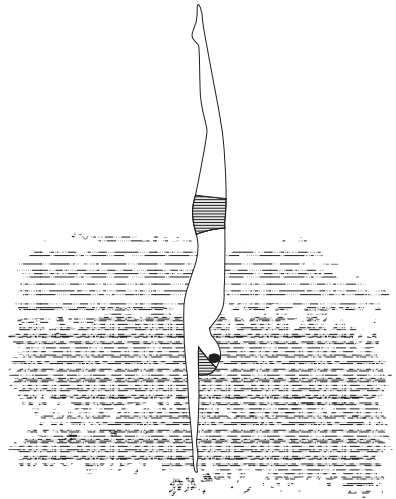


Cool and Calm

Make a list of cool and calm words that you can use when you feel angry.

A large empty rectangular box for drawing a picture. The box is outlined in black and occupies the lower half of the page. It is intended for the student to draw a picture that illustrates the words they have listed.

Draw/paint a picture to illustrate these words. Think of cool colours and calm shapes. How does the picture make you feel? What will you call your picture?