

Mediation process

Keep positive, kind and respectful!

- Step 1 The mediator agrees not to take sides.
The mediator agrees not to offer any solutions.
The students agree to speak one at a time and not interrupt each other.
They agree to show respect.
No blaming or accusations.
- Step 2 The mediator asks each student in turn to describe the problem and how they feel, without interrupting each other.
The mediator summarises what each one says.
- Step 3 The mediator asks each student to describe how the other one feels.
- Step 4 The mediator asks each student for suggestions regarding the question: 'How can we sort it out?'
- Step 5 The mediator asks the students to agree a solution.

Work in threes and use the five-step process to 'act out' mediations for the following six problems:

1. Friends falling out over borrowed clothes – one friend has not returned the clothes and ruined one item totally.	2. One person feels left out when he isn't invited to his friend's party because he gets bad-tempered when he drinks and can be embarrassing.	3. One friend has a new boyfriend/girlfriend and doesn't have time for his/her 'old' friend anymore.
4. One person has been bullying his/her friend because of jealousy of the way he/she looks and dresses.	5. Friends falling out over money – one friend is always broke and forever borrowing money and not paying it back. They owe loads!	6. Friends falling out over drugs. One person likes to use cannabis and the other person thinks it's stupid and will result in paranoid behaviour and make you mental.



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