## Appendix B2

# "You Can't Sit at My Table" Workshop

Scenarios

### CONFORMITY

"At our school, there's this group and that group. The girls in one group gossip about the girls in the other group and everything . . . it's like if you're a member of one group, then you're automatically enemies with the girls in the other group. I'd like to be friends with different people, but if you do that, you're not part of any group."

#### PEER PRESSURE

"I have a bunch of friends and I like them all. But sometimes, I still feel left out. I feel like I don't quite fit into any one group. I resent feeling like you have to be confined to one group. I don't like it when people ask me why I'm friends with a certain person. Sometimes students strongly encourage me not to sit or talk with someone just because they don't get along with the person. People should be able to have friends in all groups. However, sometimes it is very challenging and you fear that students will turn on you if you don't conform."

#### ARGUMENTS

"At our school, when two friends get into an argument, it becomes a group argument. Yesterday my friend and I got into a silly argument. I wanted just the two of

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us to try to work out our differences. However, my friend told several girls in our grade about the argument, and now these girls are also mad at me. Throughout the day, several of our friends asked me why I'm being so mean. Everyone appears to be taking my friend's side without giving me an opportunity to explain how I feel. I feel like friends are turning against me for no reason. Even when I try to talk to the friend I had the argument with, she refuses to talk to me. What should I do?"

#### ABANDONED

"After accepting an invitation to go with me to a concert, my friend canceled all of our arrangements to attend a party (which I was not invited to). What a disappointment! Two weeks before the concert, my friend called me and canceled our plans. During the conversation, she told me that she had been invited to a party that she really wanted to attend. In short, she said she was sorry, but she had changed her mind and decided to go to the party. When I told her we had already purchased the tickets, she suggested that I invite another friend and we would get together another time. Obviously, she didn't feel it was necessary to live up to her commitment with me. Needless to say, I was crushed and disappointed. I never thought my friend would treat me that way."

#### LOCKER ROOM

"You walk into the locker room and find some of your classmates moving your clothes to another locker so they can all have lockers close to each other. They begin tossing your clothing and you ask them to stop. You are shocked that your friends join them in ignoring your request. Several of the girls begin to say rude comments about you. You're very frustrated and angry. What should you do?"

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