Welcome...

It’s a pleasure to introduce you to our 2015 Nursing & Health catalogue, not least because at SAGE we are celebrating our 50th anniversary this year.

The SAGE Nursing and Health list launched in the 1990s and initially focused on skills and CPD courses. In more recent years we have launched key pre-registration textbooks for nurses as well as new editions of bestselling texts. We are dedicated to developing textbooks that support students’ learning as well as lecturers’ teaching, and in 2015 we are very excited to be launching a groundbreaking new resource, Essentials of Nursing Practice, which blends digital and print learning via a print textbook, an interactive eBook and SAGE edge (see p. 2 for details).

The Learning Matters Nursing and Health programme launched in 2008 with the first book in the Transforming Nursing Practice series and a commitment to create affordable, easy to understand textbooks with clear links to policy. Since that first book the series has grown to cover all areas of the curriculum, alongside additional series aimed at Public Health and Midwifery students. In 2015, Learning Matters Nursing and Health celebrates another 50th - our 50th title publishing at the end of this year.

All of our textbooks are available as inspection copies, and we look forward to receiving your requests and feedback. If you are unable to find what you are looking for we would be pleased to offer a bespoke custom solution tailored to your requirements, where you can select content from across our books, journals and reference lists. Please contact your local Sales Representative (see p. 33) for details.

As we look back on our success so far, and forward to an exciting publishing future, we would like to take this opportunity to thank you for choosing SAGE and Learning Matters, and for being part of our journey.

The SAGE and Learning Matters Nursing and Health Team

Key new titles
Everyone learns differently. This textbook offers a range of user friendly, colour coded resources to help students:

**Understand:**
Chapter topic lists, study plans and knowledge links highlight how key concepts interlink, helping students understand what they are learning and why.

**Apply:**
Stories and top tips from real students and nurses give insight into being a nurse. Case studies provide practical examples of theory in practice while clinical skills show step-by-step how to do key procedures.

**Go further:**
A&P links relate clinical skills to the relevant body system while ‘What’s the evidence?’ summaries bring real research to life. Activities take learning to the next level by asking reflective, critical thinking and leadership questions.

**Revise:**
Interactive multiple choice and short answer quizzes, flashcards and many other great resources at edge.sagepub.com/essentialnursing, help students prepare for exams and assignments.
ESSENTIAL CLINICAL SKILLS FOR NURSES
Step by Step

Edited by Catherine Delves-Yates
University of East Anglia

Are your students nervous about their nursing practice experience?
Are they afraid to ask about things they feel they should know, or worried about their OSCEs and clinical skills exams?

This little book is an ideal clinical skills reference for nursing students and junior health care practitioners. Its easy to navigate design and step-by-step approach allows for information to be accessed quickly to help students review skills while on placement and prepare for their OSCE exams.

Features include:
• essential equipment check lists help ensure students know what they need to perform clinical skills
• patient considerations promote strategies to provide the best possible care
• all fields of nursing are covered with tips throughout to help students support every patient group
• introduces different approaches to performing clinical skills in community and acute settings to help students and new practitioners feel confident performing the skill in any situation.

CONTENTS
Common Abbreviations / Useful Prefixes and Suffixes / Infection Prevention and Control / Clinical Measurement / Pain Management / Aseptic Technique and Specimen Collection / Skin Integrity / Safer Handling of People / First Aid / Medicines Administration / Assisting Patients with their Nutritional Needs / Assisting Patients with their Elimination Needs / Assisting Patients with their Hygiene Needs / Last Offices / Commonly Used Medication and Side Effects / Normal Laboratory Values / Skills Mapped to NMC Essential Skills Clusters

April 2015 • 240 pages
Paper (9781473913981) • £9.99

Bundle option

Students can buy Essentials of Nursing Practice and Essential Clinical Skills for Nurses together for just £35.99!
Bundle (9781473929586)

SAGE edge offers a range of open access online tools and resources that you can use to help integrate quality content and create a rich learning environment for your students, and which your students can use to reinforce knowledge retention and check progress throughout their course.

Watch out for titles that come with a SAGE edge site!
This book explores the sociological and psychological basis of all aspects of nursing practice. It has been written specifically for nursing students, and explains clearly the key concepts in both disciplines that they need to grasp. Updated to address the full implications of the Francis Report and its impact on the nursing profession, and with detailed examples, activities and case studies to reflect the contemporary context of nursing, the book encourages critical thinking and persuades students to explore both the psychological and sociological basis of all aspects of nursing practice.

CONTENTS
- The Relevance of Psychology and Sociology for Nursing / Professional Values / Communication / Inequalities, Health Outcomes and Nursing Practice / Decision Making / Leadership / Death, Stress and Resilience / Maternity and Children’s Nursing / Mental Health and Learning Disabilities

HEALTH PROMOTION AND PUBLIC HEALTH FOR NURSING STUDENTS

Daryl Evans, Dina Coutsaftiki and C Patricia Fathers all at Middlesex University

The health service is changing to emphasise the need for the public’s involvement and empowerment in their own health. Student nurses, therefore, need preparation for practice which brings health promotion into the forefront of nursing care. Focusing on the real world, this book explains carefully how health promotion can be implemented in practical terms, while drawing on the main theories and models, and covers the essential topics like lifestyle changes, health-screening and teaching patients, enabling nursing students to become health-promoting nurses of the future. Now updated to reflect the health promotion landscape following the transfer of responsibilities from the NHS to local authorities and containing additional coverage on health promotion for mental health, children and young people.

PAIN MANAGEMENT IN NURSING PRACTICE

Shelagh Wright Dublin City University

Based on the curriculum developed by the International Association for the Study of Pain, this book offers an essential guide to managing pain. Beginning with an examination of the biology of pain, it then goes on to consider pain management across the lifespan, looking at key topics including acute pain, cancer pain and pharmacology.

PALLIATIVE AND END OF LIFE CARE IN NURSING

Jane Nicol and Brian Nyatanga both at University of Worcester

Caring for those nearing the end of life can throw up complex issues, including handling bereavement, cultural and ethical issues, delivering care in a wide variety of settings, symptom management and also ensuring your own emotional resilience. This book will equip nursing students and non-specialists with the essential knowledge in relation to the care and management of people nearing the end of life.
EVIDENCE-BASED PRACTICE IN NURSING
Second Edition
Peter Ellis Canterbury Christ Church University

This Second Edition includes practical examples of getting evidence and research into practice, the importance of considering multiple perspectives as evidence, new material on systematic reviews and secondary research, new case studies from each field of practice, a clearer colour text design and additional examples and activities on the website for the book.

TRANSFORMING NURSING PRACTICE SERIES
2013 • 168 pages
Cloth (9781446270899) • £60.00
Paper (9781446270905) • £18.99

ESSENTIAL INFECTION PREVENTION AND CONTROL
Rose Gallagher Royal College of Nursing

Infection prevention is an essential element of patient care and safety. This book begins with an overview of microbiology and how infection is spread, before covering the essential elements of practice including hand hygiene, linen management, invasive devices and sterilization. It focuses on developing skills for best practice, and is linked to evidence, case examples and the latest policy throughout.

The chapters feature:
• images to demonstrate techniques
• top tips for practical measures
• reflective activities which challenge the reader to apply knowledge to the realities of practice
• further reading to explore issues in more detail.

It will be essential reading for those taking undergraduate and postgraduate courses in infection prevention, as well as those studying nursing and allied health courses more generally.

CONTENTS
Setting the Scene / Policy and Organisational Context / Microbiology / Impact of Infection / Anti-Microbial Resistance / Maintaining Health to Prevent Infection / Key Principles of Infection Prevention and Control / Infection Prevention and Control in Practice / Invasive Devices / Linen Management / Cleaning, Disinfection and Sterilisation / Communication / Education

November 2015 • 256 pages
Cloth (9781446256572) • £65.00
Paper (9781446256589) • £22.99

PATHOPHYSIOLOGY AND PHARMACOLOGY FOR NURSING STUDENTS
Vanessa Taylor Manchester University, Sarah Ashelford and Justine Raynsford both at University of Bradford

Carefully designed to provide an integrated introduction to both the biology of disease and the therapeutic agents that are used to manage them, this book considers the underlying pathology of many common illnesses and diseases but by focusing on those conditions which have a pharmacological intervention is able to provide nurses with a broader understanding of bioscience that reflects care given in practice.

It covers the basics of pharmacology, the core pathological concepts of inflammation, infection and cancer as well as a systems-based consideration of the pathophysiology and relevant pharmacology of common disorders. Providing the ideal starting point for student nurses to develop a robust, integrated knowledge of human disease and pharmacology, this book will enable them to provide care based on up-to-date knowledge of this important subject.

CONTENTS
Inflammation / Infection and Immune Response / Cancer / Pain / Nausea and Vomiting / Cardiovascular Disorders / Respiratory Disorders / Gastrointestinal Disorders / Musculoskeletal Disorders / Nervous System Disorders / Endocrine Disorders

TRANSFORMING NURSING PRACTICE SERIES
November 2015 • 248 pages
Cloth (9781473906594) • £65.00
Paper (9781473906600) • £20.99

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SAGE has teamed up with a number of online delivery partners so lecturers can have digital access to textbooks for consideration for course use.

Contact your local sales representative at www.sagepub.co.uk/findmyrep for all your course needs.
CANCER AND CANCER CARE

Edited by Debbie Wyatt and Nicholas Hulbert-Williams both at University of Chester

It’s really good to see patients’ psychological needs during and after treatment integrated in this book. The chapter on patient involvement is particularly welcome. The text is designed to be read in total or as a reference book, making it accessible to all.

- Carolyn Morris and Adrienne Morgan, Independent Cancer Patients’ Voices advocacy group

An invaluable text for health professionals, researchers and policy makers. The editors have amassed an expert group of contributors and provide a truly holistic and multi-disciplinary view of cancer care.

- Phyllis Butow, Professor at the University of Sydney and Senior Principal Research Fellow, National Health and Medical Research Council, Australia

Cancer and Cancer Care is a complete study of cancer, the care of people with the disease and its impact on everyday life. Addressing the physical and psychosocial aspects of the illness in detail, it covers all fundamental aspects of cancer diagnosis, treatment, survival and aspects of psychosocial support for all those affected by cancer: patients; their families; and their healthcare providers.

Specialist chapters focus on the unique challenges of providing cancer care to populations with particular needs, including: older adults; children and young people; those with learning disabilities; and those with mental health problems. With each chapter supported by pedagogical features including reflective questions, chapter overviews and summaries, and further reading suggestions to enhance learning, the book is essential reading for all those on cancer-care courses at undergraduate and postgraduate level. It will be valuable reading for nurses, oncologists, psychologists, social workers and all healthcare practitioners and researchers working with people affected by cancer.

CONTENTS

Cancer in Context / Cancer Risk and Screening / Cancer Detection and Diagnosis / The Biology of Cancer / Tumour Pathology: Classification, Grading and Staging / Lifespan Perspectives: Children, Teenagers and Young Adults / Lifespan Perspectives: Older Adults / Diversity and Equality in Cancer Care / Cancer and Mental Illness / Cancer and Intellectual Disability / Surgery / Cytotoxic Chemotherapy / Radiotherapy / Haematopoietic Stem Cell Transplantation / Biological Therapy / Gene Therapy / Effective Communication in Cancer Care / Psychosocial Adjustment to Cancer / Assessment of Psychological Wellbeing and Emotional Distress / The Impact of Cancer on Family Members and Family Caregivers / The Impact of Cancer on Body Image and Sexuality / Psychological Care and Support for People Affected by Cancer / Survivorship and Self-Management in Cancer Care / Lifestyle and Health Promotion in Cancer Survivorship / The Use of Complementary and Alternative Therapies in Cancer Care / Art and Music Therapy in Cancer Care / Spirituality and Existential Angst / Adjusting to the Palliative Phase and Preparing for End of Life / Bereavement Support in Cancer Care / Supporting Healthcare Professionals in Cancer Settings / Involving and Engaging People Affected by Cancer / Clinical Drug Trials in Cancer Care / Psychosocial Research in Cancer Care

April 2015 • 672 pages
Cloth (9781446256275) • £120.00
Paper (9781446256282) • £39.99

DEBBIE WYATT AND NICHOLAS HULBERT-WILLIAMS

Biographies

Debbie Wyatt is a Senior Lecturer in the Faculty of Health and Social Care at the University of Chester (UK) and Macmillan Lecturer/Head of Clinical Education at Clatterbridge Cancer Centre. She is also an accredited facilitator of advanced communication skills training for health and social care professionals.

Nicholas Hulbert-Williams is a Coaching Psychologist and Reader in Psychology at the University of Chester (UK) where he is Director of the Chester Research Unit for the Psychology of Health (CRUPH). He currently sits on the Editorial Board of the European Journal of Cancer Care.

Why did you decide to write the book?

Debbie: As a nurse and educator, I have witnessed the positive impact that education can have on practice. For a number of years, I have developed and delivered oncology education at undergraduate and postgraduate level and have observed how enhancing professionals’ understanding of key issues for patients with cancer and those close to them can improve the patient experience.

The physical, psychological and social dimensions of a person’s life are all inter-related, all important, and all affected by a cancer diagnosis and treatment. Yet, few UK texts address each of these elements in one comprehensive resource.

This became the impetus to write the book: to provide a source of key evidence-based information which could be accessed by any health and social care practitioner, or those who do not have direct patient contact, such as researchers and managers.

Cancer and Cancer Care encourages the reader to consider the patient and family first and foremost. People with cancer may be young or old, have particular needs, require a range of treatments or require support in a range of environments. The book promotes a biopsychosocial understanding of the many dimensions of cancer.

How would you like to see cancer care change in the future?

In the future we would like to see the provision of consistently high quality, evidence-based care for people with cancer and those close to them. Health and social care practitioners should have an understanding of the impact cancer has on people’s lives and the expertise to support them through different stages of their illness.
CHILD-CENTRED NURSING
Promoting Critical Thinking

Bernie Carter University of Central Lancashire, Lucy Bray Edge Hill University, Annette Dickinson Auckland University of Technology, Maria Edwards Sheffield Children’s Hospital NHS Foundation Trust and Karen Ford Royal Hobart Hospital

Essential reading for any children’s nurse in practice or education, this book reviews the development of key principles underpinning the care of children and their families beyond family-centred care, to re-focus attention on the child, within the context of their family. Its authoritative analysis, embedded case studies and critical thinking challenges make this very readable text a valuable contribution to professional development.

- Dr Sarah Neill, Associate Professor in Children’s Nursing, University of Northampton

March 2014 • 192 pages
Cloth (9781446207611) • £65.00
Paper (9781446248607) • £22.99

STORIES OF CHILDREN’S PAIN
Linking Evidence to Practice

Bernie Carter University of Central Lancashire and Joan Simons
The Open University

Drawn from a wealth of original research and focusing on the individual child and his/her family, the authors bring together experience, evidence and research to deconstruct the topic and present the reality of children’s pain.

April 2014 • 272 pages
Cloth (9781446207604) • £65.00
Paper (9781446248614) • £22.99

CARING FOR OLDER PEOPLE IN NURSING
Edited by Sue Barker Cardiff University

Uniquely focusing on person-centred, humanized care and physical care, this book helps students to examine attitudes towards older people in health care and combat negative stereotypes.

TRANSFORMING NURSING PRACTICE SERIES

2013 • 256 pages
Cloth (9781446267622) • £65.00
Paper (9781446267639) • £20.99

NURSING ADULTS WITH LONG TERM CONDITIONS
Second Edition

Jane Nicol University of Worcester

Focusing on the relevant knowledge and skills essential for effective care for people living with long-term conditions, this book covers everything from the impact of long term conditions across the lifespan and the therapeutic relationship to symptom management, case management and advance care planning. All activities, scenarios and case studies have been updated in light of the 6 C’s agenda to reflect the contemporary landscape of care, and to bring in recommendations from the Francis Report. With integrated care and partnership working as themes within the book, it now includes more on the shift to community-based care and considers the complexity of mental health and how it may be affected by physical conditions.

CONTENTS
Long Term Conditions Across the Lifespan / The Therapeutic Relationship in Long Term Conditions / Health Promotion in Long Term Conditions / Self-management and Empowerment in Long Term Conditions / Quality of Life and Symptom Management in Long Term Conditions / Managing Complex Care in Long Term Conditions / Palliative Care in Long Term Conditions

TRANSFORMING NURSING PRACTICE SERIES

July 2015 • 184 pages
Cloth (9781473914318) • £60.00
Paper (9781473914325) • £18.99

ACUTE AND CRITICAL CARE IN ADULT NURSING
Second Edition

Desi Tait Bournemouth University and Jane James, Catherine Williams and David Barton all at Swansea University

This book helps adult nursing students to competently manage care of critically and acutely ill patients, and to recognize and deal with the early signs of deterioration. The book takes a practical real-life approach to care, with each chapter focusing on patients with specific problems, then interweaving the knowledge and skills needed to care for that patient.

New to this edition:
- two new chapters focusing on the renal system and endocrine system
- updates to include the latest evidence and guidelines from NICE
- refreshed activities and scenarios reflecting current nursing practice.

CONTENTS
Assessing, Recognising and Responding to Acute and Critical Illness / The Breathless Patient / The Patient Who Needs Respiratory Support / The Patient with Chest Pain / The Patient with Acute Renal Problems / The Patient with Acute Endocrine Disorders / The Patient in Pain / The Patient in Shock / The Patient with Sepsis and Distributive Shock / The Patient with Acute Confusion or Delirium / The Patient with Altered Consciousness / The Patient with Physiological Trauma / Conclusion: Lessons Learned – An Action Plan for Practice

TRANSFORMING NURSING PRACTICE SERIES

July 2015 • 256 pages
Cloth (9781473912304) • £60.00
Paper (9781473912311) • £20.99

Available as inspection copy for lecturers
FOUNDATIONS OF ADULT NURSING

Edited by Dianne Burns University of Manchester

An accessible text that covers a wide range of contemporary adult nursing practice and contexts. This is an excellent resource for students and should be on every student's list of "must get" books.

- Angela Hudson, Associate Head of the Department of Nursing and Midwifery, University of the West of England

Covering the issues, themes and principles that explain what it means to be a nurse today, this book provides the theory students need to know and applies it to the diverse patient groups and settings that students will encounter on their placements.

Key features include:

- the introduction of the core aspects of adult nursing
- an evidence-based approach with discussion of literature, policy and research and suggested further reading for every chapter
- over 30 case studies to help students understand the realities of practice across a range of settings including primary care and the community
- "stop and think" boxes which challenge assumptions and encourage reflection
- a companion website with sample questions for lecturers to use in seminars, multiple-choice questions for student revision and free SAGE journal articles.

The book has been closely developed in line with the NMC Standards and Essential Skills Clusters and supports students across their entire degree programme as they develop into nurses of the future, ready to deliver and lead care.

CONTENTS

Essentials of Nursing Knowledge, Skills and Practice / Nursing Therapeutics / Inter-Professional and Multi-disciplinary Team Working / Pharmacology and Medications Management / NMC Essential Skills Clusters / Exposure to Other Fields of Nursing: Learning Disability, Maternity Care, Child and Mental Health / Clinical Decision Making and Problem Solving / Leadership and Management / Promoting and Supporting Health / Supportive Care: Caring for Adults with Long Term Conditions / Caring for the Acutely Ill Adult / Caring for the Older Person / The Provision of Effective Palliative Care for Adults

April 2015 • 448 pages
Cloth (9781446267905) • £70.00
Paper (9781446267912) • £25.99

60 SECONDS WITH DIANNE BURNS

Why did you decide to write this book?

There is no single text available which covers the required content for an adult undergraduate nursing programme. Many of the adult nursing books available focus on the clinical skills base or the provision of nursing care for adult patients with specific conditions and illnesses. Writing this book provided an opportunity to create an introductory text that does something different. It offers the 'essentials' of adult nursing benchmarked tightly around the current NMC Competencies for adult nursing (NMC, 2010), key concepts and principles rather than trying to serve as an exhaustive reference companion. It contains features that facilitate additional learning, revision and reflection, and directed reading to more technical or detailed material and texts where appropriate.

What is the most important thing you would like students to take away from the book?

I believe that adult nursing is an art and a science. It is really important for an adult nurse to have a good level of knowledge and understanding of the supporting evidence base as well as the ability to personify the core values and principles that underpin nursing practice.

How would you like to see adult nursing change in the near future?

I would like to see more registered nurses, a broader skill mix and better regulation of all those involved in the nursing elements of health care provision. I think it is important that we as nurses never lose sight of the fact that the nurse's role is to serve and "take care" of our patients. It is the students of today who will be instrumental in developing the adult nurses of the future and therefore our responsibility is to ensure they have the knowledge base to do this.

Dianne Burns has been a Lecturer in Nursing at the University of Manchester since 2003. During this time she has undertaken a number of key roles within the nursing school including Adult Branch Co-ordinator, Adult Field Lead and is currently the Academic Lead for Employability and Portfolio Development. Dianne is a member of the RCN Education Forum and a Senior Fellow of the Higher Education Academy.
KEY CONCEPTS IN MENTAL HEALTH

Third Edition

David Pilgrim University of Liverpool

The only text to give a complete, concise introduction to the subject. In 63 bite-size chapters, David Pilgrim defines the essential topics related to mental health drawing on perspectives from sociology, psychiatry, psychology and ethics.

SAGE KEY CONCEPTS SERIES

May 2014 • 240 pages
Cloth (9781446293904) • £70.00
Paper (9781446293898) • £23.99

THEORIES FOR MENTAL HEALTH NURSING

A Guide for Practice

Edited by Theo Stickley and Nicola Wright both at Nottingham University

This is the first textbook to directly address the key theories that inform the study and practice of mental health nursing and health care in the 21st century.

2013 • 392 pages
Cloth (9781446257395) • £85.00
Paper (9781446257401) • £27.99

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ENCOURAGING PHYSICAL DEVELOPMENT THROUGH MOVEMENT-PLAY

Carol Archer Advisory Teacher, Camden and Iram Siraj Institute of Education, University of London

Movement-play, put simply, is encouraging physical activity in a child-led manner for the benefit of children's health, learning and wellbeing. This book looks at the theory behind the importance of movement and:

- how movement-play links with all the areas of early childhood development
- physical activity guidelines for young children
- practical advice and photos to support implementation in settings
- how to assess your own setting
- how to best work with parents on this topic
- comprehensive guidance on writing a physical development policy.

The early years is one of the critical periods in the establishment of physical behaviours, and physical development is also one of the prime areas of the EYFS as well as other, global curricula. This book is a must-read for students on Early Childhood and Early Years courses as well as Early Years practitioners who wish to improve their practice and understanding of physical development for the benefit of young children.

CONTENTS

Movement-play and Its Influence on Young Children’s Development / Making the Case for Physical Activity / Implementing a Movement-play Based Curriculum for Children from Birth to Six Years of Age / Improving the Quality of Movement-play: A Small Scale Study / Working with Families to Promote Movement-play / Leading and Managing the Implementation of Movement-play from Practice to Policy: A Whole Setting Approach

June 2015 • 168 pages
Cloth (9781446297117) • £75.00
Paper (9781446297124) • £24.99

PSYCHOSOCIAL INTERVENTIONS IN MENTAL HEALTH NURSING

Edited by Sandra Walker Southampton University

A practical, engaging introduction to the main psychosocial interventions in mental health that shows nurses what they are, why they are important and how they fit in to their practice.

TRANSFORMING NURSING PRACTICE SERIES

November 2014 • 176 pages
Cloth (9781446275078) • £60.00
Paper (9781446275085) • £17.99
It is essential for mental health nurses to understand the physical health needs of people with mental health disorders in order to provide holistic care. Yet these people often have their physical health needs unrecognized or poorly managed. This book is a practical and informative guide to the physical health care of people with mental health illnesses. It covers a range of health-promotion strategies, including exercise, diet and oral health, and assessment, intervention and skills for common physical disorders found in people with mental-health problems. Taking a recovery perspective, it emphasizes the importance of communication and collaborative care for adherence to healthy lifestyles.

**CONTENTS**

- The Determinants of Poor Physical Health in People With Mental Health Problems
- Physical Health Promotion, Communication and the Therapeutic Alliance
- The Care and Management of Cardiovascular Disorders
- Metabolic Syndrome and Diabetes Mellitus
- Respiratory Disorders
- Substance Misuse and Physical Health In Mental Health
- Side Effects of Psychotropic Drugs and their Management
- Diet, Exercise and Sleep in Health Promotion for Mental Health

**TRANSFORMING NURSING PRACTICE SERIES**

March 2015 • 240 pages
Cloth (9781446268179) • £65.00
Paper (9781446268186) • £20.99

**MENTAL HEALTH POLICY FOR NURSES**

Edited by Ian Hulatt Royal College of Nursing

Edited by the mental health policy advisor to the Royal College of Nursing, this textbook includes a range of experts in their field who introduce the essential elements of policy and legislation to new students and experienced practitioners.

April 2014 • 264 pages
Cloth (9781446252505) • £70.00
Paper (9781446252512) • £23.99
COMMUNICATION SKILLS IN HEALTH AND SOCIAL CARE
Third Edition
Bernard Moss Staffordshire University

I wish I had had this book available to me when I was a practitioner

- Neil Thompson

Presented in a unique and easy-to-use dictionary format, this practical guide will help your students understand and apply the principles of effective communication. From the ‘how-to’, through to practicalities, challenges and honing existing skills, this book will ensure they have the confidence and knowledge to communicate skillfully and successfully in many different contexts and settings.

CONTENTS
Acceptance / Active Listening / Advising / Advocacy / Anti-discrimination Practice / Assertiveness / Assessment / Barrier Gestures / Breaking Bad News / Chairing Meetings / Challenging / Complaints / Confidentiality / Conflict Management / Counselling / Court Room Skills / Ecomaps / Emotional Intelligence (EI) / Empathy / Empowerment, Resilience and a Strengths Perspective / Endings / Establishing a Professional Relationship / Feedback – Giving and Receiving / Genograms / Getting Unstuck / Group Work / Information & Communication Technology (ICT) and Health Informatics / Interpreters / Interprofessional Collaboration / Interviewing / Learning Difficulties / Loss / Mediation Skills / Motivational Interviewing / Non-verbal Communication / Reflective Practice / Professional Capabilities Framework / Religion / Spirituality / Supervision / Talks and Presentations / Telephone Skills / Time Management / Whistle Blowing / Wrong Messages

March 2015 • 248 pages
Cloth (9781473912755) • £70.00
Paper (9781473912762) • £23.99

PASSING CALCULATIONS TESTS FOR NURSING STUDENTS
Advice, Guidance and Over 400 Online Questions for Extra Revision and Practice
Third Edition
Susan Starkings and Larry Krause both at London South Bank University

This book will help new students succeed first time in nursing calculations tests. It takes the fear out of maths, even for those who find it a struggle, through clear step-by-step explanations and lively examples from the real world of nursing practice.

This new edition features:
• an interactive website offering further support, self-testing and mobile study
• 280 questions with an online bank of 400+ questions available for use in teaching, assessment or self-directed study
• all new activities, scenarios and case studies reflecting up-to-date nursing situations
• a diagnostic chapter to help students identify areas to work on.

CONTENTS
Diagnostic Assessment / Essential Numeracy Requirements for Nursing / Quantity Conversions for Nurses / Fluid Balance and Maintenance / Drug Calculations / Calculating Intravenous Rates / Calculations and Children / Exam Skills and Revision Exercises

TRANSFORMING NURSING PRACTICE SERIES
March 2015 • 136 pages
Cloth (9781473914292) • £45.00
Paper (9781473914308) • £11.99

COMMUNICATION AND INTERPERSONAL SKILLS IN NURSING
Third Edition
Shirley Bach and Alec Grant both at University of Brighton

This is an excellent book. It has been really helpful with my communication teaching

- Sarah Young, Faculty of Health and Social Care, University of The West of England

The new edition of this well-regarded book will be useful to your students for their entire course. It introduces the underpinning theory and concepts required for the development of first-class communication and interpersonal skills. The authors have provided a simple-to-read overview of the central topics that provide a solid foundation in this crucial area of nursing practice. Through scenarios and theory summaries, the book will teach students skills that they can immediately implement on their placements, and regular activities break up the text and encourage critical thinking and reflection – two vital graduate skills.

CONTENTS
Understanding Communication and Interpersonal Skills / Evidence-based Communication and Interpersonal Skills / The Safe and Effective Practice of Communication and Interpersonal Skills / Understanding Potential Barriers to the Safe and Effective Practice of Communication and Interpersonal Skills / The Learning and Educational Context of Communication and Interpersonal Skills / The Environmental Context of Communication and Interpersonal Skills / Population and Diversity Contexts of Communication and Interpersonal Skills / Beyond Technique

TRANSFORMING NURSING PRACTICE SERIES
March 2015 • 208 pages
Cloth (9781473902565) • £60.00
Paper (9781473902572) • £19.99

SUCCESSFUL PROFESSIONAL PORTFOLIOS FOR NURSING STUDENTS
Second Edition
Suzanne Reed

Students are required by the NMC to keep an ongoing record of achievement to demonstrate their competence at each stage of their programme. The portfolio is an essential part of the assessment of practice to demonstrate nursing competence. This book gives a step-by-step and practical explanation of how to compile a professional portfolio to succeed in these assessments. It can be used throughout nursing programmes and in initial nursing roles, where portfolios are an essential tool for interviews and these assessments. It can be used throughout nursing programmes and in initial nursing roles, where portfolios are an essential tool for interviews and employee appraisals. Along with a new design and layout to make it even easier to read and use, the book has been fully updated in light of the Francis report recommendations and includes new activities, examples and case studies reflecting the 6 C’s agenda.

CONTENTS
What is a Portfolio? / Personal Development Planning / Collecting Evidence for Your Portfolio / Using Your Portfolio to Demonstrate Achievement / Using Your Portfolio Throughout Your Programme / Your Portfolio and Assessment / Your Career and Portfolio

TRANSFORMING NURSING PRACTICE SERIES
May 2015 • 120 pages
Cloth (9781473916309) • £60.00
Paper (9781473916316) • £16.99

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Transforming Nursing Practice Series

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Edited by Robert M Huff, Michael V Kline both at California State University, Northridge and Darleen V Peterson Claremont Graduate University

Offers both students and practitioners not only a wealth of information and examples about specific cultural groups in North America but also assessment and implementation guidelines for promoting health and behaviours that optimize health in any cultural community.

STRATEGIC SOCIAL MARKETING
Jeff French Strategic Social Marketing Ltd and Ross Gordon Macquarie University, Sydney

Taking an international approach, this text illustrates the value of applying marketing to solve social problems, exploring the ‘what’ and ‘why’ as well as the ‘how to’ of social marketing.

UNDERSTANDING THE SOCIOLOGY OF HEALTH
An Introduction
Third Edition
Anne-Marie Barry Baccus Consulting and Chris Yuill Robert Gordon University

A truly ‘readable’ introduction to a subject which is often shrouded in jargon. Providing case studies and exercises to really get students thinking, this book shows how sociology provides the means to answer complex questions about health and illness, such as why health inequalities exist. The companion website at sagepub.co.uk/barryandyuill3e provides a range of material for both lecturers and students.
Health Psychology and Sociology

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Lani Russell  
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Hymie Anisman

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Julie Turner-Cobb  
University of Bath

With an overarching biopsychosocial lifespan perspective, Julie Turner-Cobb examines the effects of early life experience on health outcomes, as well as covering the experience of acute and chronic illness during childhood. Lots of helpful aids are provided per chapter including key learning objectives, textboxes putting spotlights on key pieces of research, lists of key concepts to revise, useful websites and further reading suggestions.
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Coventry University
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- Joanna O’Donnell, School of Nursing, Midwifery and Social Work, University of Manchester

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Michael Coughlan, Patricia Cronin and Frances Ryan all at Trinity College Dublin
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Peter Ellis
This is an excellent little book that is crammed full of interesting and supportive information relating to a very difficult subject which most student nurses fear. This book will certainly help to clarify the main areas of difficulty within nursing research. It is well-written, with concise chapters covering all the major issues relating to research. There are helpful case studies to enhance the theory presented and the various activities, although challenging at times, would be very helpful for individual or group learning
- Peter Walsham, Nursing, Midwifery & Allied Health Pro, Northumbria University

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Theory and Practice
Merryl Harvey and Lucy Land both at Birmingham City University
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RESEARCHING HEALTH
Qualitative, Quantitative and Mixed Methods
Second Edition
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Campus Suffolk and Judith Allsop  
University of Lincoln

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