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- more on community nursing, leadership, research awareness, and
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- even more patient, student and practitioner voices which are more
  - integrated throughout the text

- a new running case study feature – joining case studies between
  - chapters so that students can see how everything fits together and
  - be engaged by a story within the book

- more on community nursing, leadership, research awareness, and
  - preparation for placement.

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Edited by Calvin Moorley
London South Bank University

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- research, academic and study skills
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- effective communication
- the biological science underpinning nursing

Using innovative activities, scenarios and case studies, the book puts theory into context and brings the subject to life. Whether your students are preparing for the practice placement, tackling an assignment, or revising for an end-of-year exam, this is the ideal book.

CONTENTS
Professional Values and Practice / Introduction to Researching, Resources and Academic Skills / Communication Skills for Nursing Practice / Professional Skills for Adult Nursing I: Assessment Tools for Clinical Practice / Professional Skills for Adult Nursing II: Developing Practical Clinical Skills / Anatomy and Physiology for Beginners / Person Centered Care: From Secondary to Primary Care / Understanding Pharmacology and Working with Medicines / Contemporary Issues in Nursing / Death, Dying and Cultural Practices

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CONTENTS

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- illustrations, colourfully designed with activities, knowledge links and clear explanations
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*Second Edition*

Edited by Dianne Burns *University of Manchester*

This book introduces the principles, themes and issues that define what it means to be a nurse today. It explains the theory and knowledge required to develop person-centred skills and explores the diverse settings and patient groups that students will encounter on their placements. Key features of the book:

- **Stop and think** boxes to develop reflective skills
- **Discussion** of the latest literature, policy and research
- **Case scenarios** that illustrate the realities of everyday nursing.

**CONTENTS**

Essentials of Nursing Values, Knowledge, Skills and Practice / Nursing Therapeutics / Interprofessional and Multidisciplinary Team Working / Medicines Management / Evidence-based Practice and the Importance of Research / Service Improvement and Developing Practice / Managing the Transition to Registered Nurse / Promoting and Supporting Health / Caring for the Acutely Ill Adult / Caring for the Critically Ill Adult / Caring for the Older Person / The Provision of Effective Palliative Care for Adults / Core Principles of Nursing / Clinical Decision Making and Problem Solving / Supportive Care: Caring for Adults with Long-Term Conditions / Leadership and Management

December 2018 • 496 pages

Cloth (9781473999792) • £35.00  
Paper (9781473999793) • £29.99
THE NURSE'S GUIDE TO MENTAL HEALTH MEDICINES

Elizabeth J. Holland Kingston University and St George's University of London

This is a straightforward guide to mental health medicines written by nurses for nurses. Each chapter provides a short and easy-to-read overview of the different drug types used in mental health nursing. It focuses only on the need to know information and the associated risks and side effects. The chapters also provide a short medicines list that gives readers fast facts relating to the most common drugs used in practice. It’s an invaluable, pocket-sized guide to a complex subject.

Key features:
- simple layout with clear tables putting the facts at your students’ fingertips
- provides the perfect amount of detail for the busy student or practitioner
- clear and simple language combined with real world case studies to cut through the jargon and terminology.

CONTENTS
- Anti-Depressant Medications
- Mood Stabilising Medications
- Medications for Managing Anxiety
- Medications when Working with Drug and Alcohol Dependencies
- Anti-Psychotic Medications
- Medicines for Rapid Tranquilisation
- Medication Used for the Management of Dementia
- Appendix: Conversion Table for Different Units of Medicines

ESSENTIALS OF MENTAL HEALTH NURSING

Edited by Karen Wright and Mick McKeown both at University of Central Lancashire

Developed in collaboration with service users, this comprehensive textbook provides students with the essential knowledge needed to deliver truly person-centred and compassionate care. It brings together the perspectives and experiences of real students, nurses and service users to help students apply their knowledge to practice and develop recovery-focused care. It also adopts the latest approaches to mental health care by focusing on positive recovery and exploring both the biomedical and psycho-social approaches.

Features such as critical stop points, evidence summaries and further readings encourage critical thinking and independent learning, while the online resources will engage students and save you valuable teaching time.

CONTENTS
Part 1: Context / Context and Nature of Mental Health Care in the 21st Century / Overview of Mental Health Nurse Education and Training / Working with Other Professionals / Meaningful Involvement / Families & Carers / Diversity Issues within Mental Health Care / Organisations and Settings for Care / Policy in Mental Health Care / Madness and the Law in Mental Health Care / Advocacy in Mental Health Care / The Ethical Mental Health Nurse / Part 2: Key Concepts and Debates / Psychiatric Understandings of Mental Health / Sociological Understandings of Mental Health / Psychological Understandings of Mental Health / Philosophical Understandings of Mental Health / Spiritual Care: Understanding the Service User, Understanding Ourselves / Dementia / Child and Adolescent Mental Health / Eating Disorders in Mental Health Care / Wellbeing in Mental Health Care / Recovery Oriented Practice in Mental Health Care / Employment and Recovery in Mental Health Care / Compassionate Communication in Mental Health Care / Meeting the Considerable Physical Health Needs of Mental Health Service Users / Therapeutic Engagement in Mental Health Care / Assessment in Mental Health Care / Care Planning in Mental Health Care / Care Coordination in Mental Health Care / Risk Assessment in Mental Health Care / Prevention and Management of Aggression in Mental Health Care / Psychological Therapies in Mental Health Care / Psychosocial Interventions in Mental Health Care / Part 3: Skills for Care and Therapeutic Approaches / Self Help and Peer Support in Mental Health Care / Non-Medical Alternatives for Crisis Care: Implications for Mental Health Nurses / Public Mental Health: Prevention and Promotion / Primary Mental Health Care / Psychopharmacology for Mental Health Nurses / Palliative and End of Life Care / Self Harm and Suicidal Feelings / Part 4: Transition to Practice / Leadership and Management in Mental Health Care / Clinical Supervision in Mental Health Care / Commissioning / Transferable Skills and Transition - Becoming a Registered Nurse and Beyond / Compassionate Care in Times of Uncertainty

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Sarah Ashelford University of York, Justine Raynsford University of Bradford and Vanessa Taylor University of York

A user-friendly book that breaks down a complex subject into clear and understandable chapters providing appropriate depth for busy nursing students. It integrates both pathology and pharmacology to help students understand the relationship between the two.

TRANSFORMING NURSING PRACTICE SERIES

COPING AND THRIVING IN NURSING

Peter Martin University of Essex

Written by academics specialising in mental health, nursing and well-being, each chapter provides guidance and support to pre and post-registration nurses to manage and persevere as a nurse today. The book is wholly practice-focused, speaking to current standards of care for patients, and current working conditions for staff in the NHS.

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Marc Roberts

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- Tony Barlow, Birmingham City University

Practitioner-focused, essential reading for students of mental health, this dynamic book provides a critical overview of current issues in mental health practice. It offers concrete guidance on navigating and evaluating different approaches to mental health care, giving crucial space to approaches which put the service user at the heart of care provision and recovery. Tackling the complex and challenging, this book guides students through the landscape of mental health care through detailed case studies and activities that situate practice and bring theory to life.

CONTENTS
Critical Issues in Mental Health Care / Causes of Mental Distress / Psychiatric Diagnosis / Psychiatric Drugs / Psychological Therapies / Service User-Survivor Involvement / Recovery

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Fifth Edition
David F. Marks, Michael Murray and Emee Vida Estacio both at Keele University

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Fourth Edition
David Pilgrim University of Liverpool

This bestselling book provides a complete and concise overview of mental health and all the issues that surround it from a theoretical and practical perspective.

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Counselling Books for Nurses and Health Professionals

Available as inspection copy for lecturers
This innovative and student-friendly textbook provides up-to-date information on the core content of child nursing courses and helps students understand how it applies to practice. Covering all settings throughout, including the acute and community ones, it focuses on the importance of child and family centred care, through the use of voices and case studies.

It also includes:
- activities and theory stop-points to encourage students to develop their critical thinking skills
- pointers to further reading resources, including journal articles and videos for students to explore and build knowledge more independently
- a range of online resources including extra scenarios for lecturers to use in their teaching and MCQs for students to revise.

CONTENTS
Part A: Principles of Nursing Children and Young People / Involving Children, Young People and Families in Care and Care Decisions / Effective Communication with Children and Young People / Assessment and Management of Pain in Children / Medication Compliance Management and Administration / Interprofessional Working with Children & Young People / The Organisation of and Settings for Care / Community Care and Care in Non-Hospital Settings / Law and Policy / Safeguarding / Part B: Child and Infant Wellbeing and Development / Genetics and Epigenetics - Effects on Children and Young People / Infant Mental Wellbeing and Health or How to Grow a Healthy Adult / Factors Influencing Wellbeing and Development in Children and Young People / Universal Screening and the Role of the Health Visitor / Part C: Caring for Children with Acute Health Care Needs and Injury / Assessment and Care of the Child with Acute Needs / Preparing Children and Young People for Hospitalization / Principles of Caring for Children in the Peri and Postoperative Recovery Period / Care of the Child and Young Person with Respiratory Problems / Care of the Child and Young Person with Cardiovascular Problems / Care of the Child And Young Person with Neurological Problems / Care of the Child and Young Person with Urinary/Renal Problems / Care of the Child and Young Person with Endocrine Problems / Care of the Child and Young Person with Immunological Problems / Care of the Child and Young Person with Musculoskeletal Problems / Care of the Child and Young Person with Haematological Problems / Care of the Child and Young Person with Dermatological Problems / Care of the Child and Young Person with Acute Kidney Injury / Patients with Gastrointestinal Problems / Patients with Endocrine Disorders / Patients with Neurological Disturbances / Patients with Psychological Disturbances / Patients with Traumatic Injury / Patients with Multisystem Failure / The Long-Term Critically Ill Patient

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HOW TO SURVIVE YOUR NURSING OR MIDWIFERY COURSE
Monica Gribben, Stephen McLellan, Debbie McGirr all at Edinburgh Napier University and Sam Chenery-Morris University of Suffolk

‘This is a very useful book, just being aware of the different support systems available would have made a massive difference to stressful situations I have been in when studying. It gives a good overview... I would use it as a study guide and to help with writing assignments.’

- Stephanie Atwood, PG Midwifery Student

This book is designed to help students that are struggling and need a little (or a lot of) guidance. It’s packed with useful information and practical exercises to help them cope with all the major sources of stress for nursing and midwifery students including:
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- succeeding in assignments and exams
- understanding what’s expected in real life and on placements
- managing finances
- coping with stress
- applying for jobs and more.
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UNDERSTANDING HEALTH PROMOTION IN NURSING

Saheeda Thelwall
University of Wolverhampton

Being at the heart of patient care, nurses have the potential to make huge differences to their patients understanding and view of health but need the skills and knowledge to be able to do so. Following the “Making Every Contact Count” approach, this book provides the key information nursing students need when considering how to promote better health and introduces simple strategies to integrate into their day-to-day practice.

CONTENTS

Defining Health and Wellbeing / Determinants of Health and Inequality / Public Health Practice - Models of Health Promotion / Understanding Lifestyle Behaviours / Encouraging Behaviour Change / Key Targeted Interventions / Developing Health Promotion Skills

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CRITICAL THINKING AND WRITING IN NURSING

Fourth Edition

Bob Price
Healthcare Education and Training Consultant and
Anne Harrington
University of Brighton

This book is a clear and practical guide to helping students develop critical thinking, writing and reflection skills. It explains what critical thinking is and how students should use it throughout their nursing programme. This new edition also provides content on the reflective practice requirements for revalidation, and is mapped to the new 2017 NMC standards. This text provides an innovative new framework that helps students appreciate the different levels of critical thinking and reflection required for degree level study. The book demonstrates the transferable nature of critical thinking and reflection from academic contexts to the real practice of nursing.

Key features:

• clear and straightforward introduction to critical thinking directly written for nursing students, with chapters relating the subject to specific study and practice contexts
• student examples and scenarios throughout, including running case studies from four nursing students and further annotated examples of students’ work on the website
• each chapter is linked to the new NMC Standards and Educational Framework.

CONTENTS


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Angela Darvill, Melanie Stephens and Jackie Leigh
all at University of Salford

Covering a range of topics including accountability, professionalism, re-validation and fitness to practice, this text gives students a thorough overview of the responsibilities associated with being a fully qualified nurse. This text also provides students with the tools to assess their own abilities and identify any areas requiring additional attention, allowing them to maximise on their final year of training and confidently enter the workplace. In addition, the book focuses on areas such as policy, leadership and management to help students understand the dynamics and context of the work environment.

CONTENTS

Role Transition / Self-assessment / SWOT/SNOB Analysis / Reflection / Leadership / Learning Theory / Personal Development Planning / Employability Planning / Transition Support

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June 2018 • 168 pages
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COMMUNICATION AND INTERPERSONAL SKILLS IN NURSING

Fourth Edition

Alec Grant
Independent Scholar and
Benny Goodman
University of Plymouth

The new edition of this well-regarded book will be useful to students throughout their entire course. It introduces the underpinning theory and concepts required for the development of first-class communication and interpersonal skills. Providing a simple-to-read overview of the central topics, this book will enable students to build a solid foundation in this crucial area of nursing practice. Scenarios and theory summaries included throughout demonstrate the skills that students can immediately implement on placements.

Key features:

• three brand new chapters covering micro and macro structuring, as well as the politics of communication and interpersonal skills
• each chapter is linked to the new NMC Standards and Educational Framework
• activities break up the text and encourage critical thinking and reflection.

CONTENTS

Understanding Communication and Interpersonal Skills / Evidence-Based Communication and Interpersonal Skills / The Safe and Effective Practice of Communication and Interpersonal Skills / Understanding Potential Barriers to the Safe and Effective Practice of Communication and Interpersonal Skills / The Learning and Educational Context of Communication and Interpersonal Skills / The Environmental Context of Communication and Interpersonal Skills / Population and Diversity Contexts of Communication and Interpersonal Skills / The Micro Structuring of Communication and Interpersonal Skills / The Politics of Communication and Interpersonal Skills

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The New NMC Standards
All Transforming Nursing Practice textbooks publishing late 2018 will be linked to the new standards.

Many titles in the Transforming Nursing Practice series are on our recommended reading lists and for good reason – the content is up to date and easy to read. These are the books that actually get used beyond training.

- Emma Lydon, Adult Nursing Student
DIVERSITY AND CULTURAL AWARENESS IN NURSING PRACTICE
Edited by Beverley Brathwaite Middlesex University

It is vital that nurses delivering person-centred care understand how culture and diversity affect patients' experience of health care. Ensuring that they are able to communicate effectively with people from across the social spectrum and tailoring their nursing practice to the needs of the individual is not simple but this book will provide the knowledge, awareness and skills to do it. Key theory will be carefully explained and then applied to the UK nursing context leaving students better prepared for their practice placements and nursing careers.

CONTENTS
Diversity, Health Inequalities and Nursing Care / Diversity, Culture and Concepts of Health / Communication / Cultural Competency / Assessing the Needs of Diverse Patients / Migration and Health / Spirituality and Nursing Care / Death, Grief and Loss / Public Health: Meeting Diverse People’s Needs / Mental Distress: Disability and Diversity

LEADERSHIP AND MANAGEMENT IN HEALTHCARE
Third Edition
Neil Gopee Coventry University and Jo Galloway Executive Nurse, Quality and Patient Safety, NHS Redditch and Bromsgrove and Wyre Forest Clinical Commissioning Group

This book shows how essential leadership and management skills can be applied across a range of situations in everyday practice with an emphasis on the provision of person-centred care. It draws on the most up-to-date policies and professional regulations, as well the authors’ backgrounds in clinical practice, education and management.

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Values in Management and Leadership / Teams and Team Work / Working with Individuals in Teams / Conflict Management and Negotiation Skills / Coaching, Mentoring and Clinical Supervision / Frameworks for Management and Leadership / Planning, Managing Change and Entrepreneurial Skills / Creating a Learning Environment / Developing Confidence as a Manager and Leader

LEADERSHIP IN HEALTH CARE
Third Edition
Jill Barr University of Wolverhampton and Lesley Dowding Coventry University

Now with online resources that include author video discussions and exercises to help students apply theory to practice, this third edition has also been updated to include more focus on patient safety to support students in challenging poor care and delivering best practice.

REFLECTIVE PRACTICE
Writing and Professional Development
Fifth Edition
Gillie Bolton Freelance Consultant with Russell Delderfield University of Bradford

Gillie Bolton's tried and tested method of reflection and reflexivity through expressive and explorative writing is revisited in this fifth edition, with new perspectives on digital writing, blogging and social media. It is also supported by online resources with clear, intertextual links to the book.

CONTENTS
Diversity, Health Inequalities and Nursing Care / Diversity, Culture and Concepts of Health / Communication / Cultural Competency / Assessing the Needs of Diverse Patients / Migration and Health / Spirituality and Nursing Care / Death, Grief and Loss / Public Health: Meeting Diverse People’s Needs / Mental Distress: Disability and Diversity

New and updated approaches to developing reflective practice are included in this fifth edition. Time-saving reflective templates, lively reflective exercises and targeted online courseware are also provided.
SUPERVISION AND ASSESSMENT
IN NURSING AND HEALTH

Joanne Lidster and Susan Wakefield both at Sheffield Hallam University

Supporting students poses a significant challenge for nurse supervisors and other healthcare professionals in today’s world of practice. Recent concerns over the fitness to practice of nursing and healthcare students at the point of registration require new approaches to practice learning and supervision. Based around the NMC’s five pillars of education and training, this book offers clear practical advice on how to acquire and develop supervision and coaching skills to support degree-level students. It explores challenging issues like learners in difficulty and considers how to develop resilience and wellbeing from the perspective of both the student and the supervisor.

CONTENTS
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November 2018 • 200 pages
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MENTORING AND SUPERVISION
IN HEALTHCARE

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Neil Gopee Coventry University

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– Dr Jason Jackson, Learner on Introduction to Python for Social Scientists
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Philip Heslop and Cat Meredith both at Northumbria University

This book equips students with the essential knowledge and skills to undertake effective assessments and appropriate interventions with confidence. In Part One the authors unpick exactly what assessment is, outline the assessment toolkit, apply this to practice and discuss the ins and outs of the development of a clear care plan. Drawing on activities, case studies and service user perspectives Part Two then guides students through the application of different intervention methods in varied contexts with diverse service user groups.

This book focuses on key issues such as resilience, professional values and ethics, complexity and reflective practice, helping students not only get to grips with all the essential theory but also to develop emotional and professional intelligence.

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This book takes students to the root of the social work profession by covering its history, practice settings, and career paths within a unique advocacy framework. This advocacy practice and policy model comprised of four components - economic and social justice, a supportive environment, human needs and rights, and political access - provides an effective lens for viewing today’s social issues. Throughout the book, an emphasis on advocacy underscores the transformative opportunities and contributions of social work on not just the clinical/client level, but also at organizational, community, national, and international levels.

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Lester Parrott Keele University and Noreen Magannness Edge Hill University

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13

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Following the lives of four fictional time-travelling characters, this text examines the changing functions of social work by unpicking the changing social and political responses to their needs. From its historical roots to the modern and fast-moving profession it has become, this book looks in detail at how social work has evolved as a profession, what social work looks like in recent years and where it is heading. There are key chapters on working with different service user groups including vulnerable adults, children and families and those with learning difficulties or having to live with mental distress. There are also chapters that cover social work as a profession including current services, practices, themes and debates.

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This book examines the development of social work as a profession, exploring its origins and evolution in response to the changing needs of society. Through detailed analysis of historical events, it provides insights into the foundational principles and practices that have shaped social work to the present day.

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SOCIAL WORK
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Second Edition
Edited by Joyce Lishman, Chris Yuill, Jillian Brannan and Alastair Gibson all at Robert Gordon University

This book helps students make the best possible start to their careers as social workers. Packed full of case studies, exercises and tools for real-life practice, this book will equip them with everything they need to know in their first year and beyond. It will help students:

• get to grips with the essential knowledge and skills base
• develop a range of tools for practice with different service user groups
• enhance their critical thinking and apply learning in practice
• relate their knowledge to different practice frameworks throughout the UK
• deepen their understanding and potential with guidance for further learning and development.

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January 2018 • 632 pages
Cloth (9781473994553) • £90.00
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As a social work student I find this book particularly helpful in assisting me with linking theory to practice, especially while on placement. I would highly recommend this as a core book to all my fellow students!

– Jonathan Joyce,
Final Year Social Work Student,
Bournemouth University

An excellent starting point for any new social work students and was my go to book within my first year on the BA (hons) social work programme. I found it gave a clear, easy to follow explanation of the main theoretical perspectives that inform practice and was well used when writing assignments.

– Lisa Bell,
Social Work Student,
Bournemouth University

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* weblinks
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HOW TO USE YOUR BOOK & ITS ONLINE RESOURCES

This second edition of Social Work: An Introduction is full of helpful, easy-to-use features to guide you through your studies, both in the book and online. In every chapter you will find case studies, exercises, critical thinking boxes, reflective questions, recommended readings, and key terms in the glossary to help you to go further in your studies, and save time when preparing for exams and assignments. Wish every chapter comes a range of helpful online resources designed to support you through your course.

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PROFESSIONAL CAPABILITIES FRAMEWORK

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Chapter 1 – Values and ethics
Chapter 9 – An introduction to social science research for social work
Chapter 10 – Reflective practice
Chapter 11 – Generic issues in assessment and managing uncertainty
Chapter 12 – Models of assessment
Chapter 13 – Risk assessment
Chapter 14 – Interprofessional practice
Chapter 15 – Relationship-based social work
Chapter 21 – Working in the life space
Chapter 28 – Generic issues in practice contexts
Chapter 36 – Evaluation

VALUES AND ETHICS

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Chapter 3 – Politics and social policy
Chapter 4 – Sociology
Chapter 5 – Material circumstances, poverty and income inequality
Chapter 6 – Psychological approaches: their application and relevance to social work
Chapter 7 – Critical thinking boxes
Chapter 8 – Communication and ICT
Chapter 9 – An introduction to social science research for social work
Chapter 10 – Reflective practice
Chapter 11 – Generic issues in assessment and managing uncertainty
Chapter 12 – Models of assessment
Chapter 13 – Risk assessment
Chapter 14 – Interprofessional practice
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Part 1 – Knowledge base
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Part 3 – Models of intervention
Part 4 – Practice contexts and application

DIVERSITY

Chapter 1 – Values and ethics
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Chapter 3 – Politics and social policy
Chapter 4 – Sociology
Chapter 5 – Material circumstances, poverty and income inequality
Chapter 6 – Psychological approaches: their application and relevance to social work
Chapter 7 – Critical thinking boxes
Chapter 8 – Communication and ICT
Chapter 9 – An introduction to social science research for social work
Chapter 10 – Reflective practice
Chapter 11 – Generic issues in assessment and managing uncertainty
Chapter 12 – Models of assessment
Chapter 13 – Risk assessment
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Part 1 – Knowledge base
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RIGHTS AND JUSTICE

Chapter 1 – Values and ethics
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Chapter 3 – Politics and social policy
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Chapter 5 – Material circumstances, poverty and income inequality
Chapter 6 – Psychological approaches: their application and relevance to social work
Chapter 7 – Critical thinking boxes
Chapter 8 – Communication and ICT
Chapter 9 – An introduction to social science research for social work
Chapter 10 – Reflective practice
Chapter 11 – Generic issues in assessment and managing uncertainty
Chapter 12 – Models of assessment
Chapter 13 – Risk assessment
Chapter 14 – Interprofessional practice
Chapter 15 – Relationship-based social work
Part 4 – Practice contexts and application

WHAT YOU’LL FIND...

RELATING KNOWLEDGE TO PRACTICE FRAMEWORKS
Help you link your learning to the different domains, roles and standards set out by current practice frameworks across England, Scotland, Wales and Northern Ireland.

CASE STUDIES
Illustrate key points and issues, as well as demonstrate how theory translates to practice.

EXERCISES
Help you test your understanding.

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Encourage you to review what you have learned and engage with the core content of each chapter.

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Enable you to pause for thought and consider the implications of particular points.

RECOMMENDED READING
Suggestions to help you develop and deepen your understanding.

GLOSSARY
Helps you get to grips with terms that may not be so familiar. Words embedded in the text can be found in the Glossary.

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6 THINGS STUDENTS WISH THEY KNEW BEFORE THEY STARTED

We asked two students what they’ve learnt about getting a social work degree, here’s what they said:

1. Be brave and don’t be scared of putting yourself in new situations, whether it’s joining a social work society, attending university events or becoming your course representative. Embracing opportunities like these will help build your confidence and can also increase your skill set.

2. Before I started my degree I didn’t realise how important reflection was, being able to reflect on our work, our interactions and ourselves is a significant part of social work. The best part of reflection is that it’s unique for every individual. You can keep a diary, tell your family and friends, or even reflect whilst you wait for the bus, it’s entirely up to you!

3. No two people have the same experience. I had a vague idea of entering a profession where I’d encounter like-minded individuals, and whilst I undeniably do have things in common with colleagues, everyone has had a unique experience. Importantly, in sharing our experiences, and learning from these, we have been able to enhance each other’s knowledge.

4. Having a good support network during your course is SO important. No one will quite understand the stress of deadlines, your excitement for a new book or your placement experiences like your course mates will. Trust me, it might not seem like it on your first day, but your course mates are going to be your lifelines during the next few years. You’ll stress together, laugh together and share some amazing, unforgettable memories!

5. It’s okay to be yourself, trust yourself, and do what you feel works for you. If a study technique works for you then that is a good enough reason to use it. Other students may choose other methods, as is their right – just as it is mine to do what works for me.

6. Self-care really does matter. My study routines were solid, but my personal time was overshadowed by constant anxiety and worry, and I realised I was not doing anything constructive to manage my mental health. In my 3rd year, I engaged with a hobby with the specific purpose of self-care. In doing so, I found that my focus when studying improved and both factors combined developed my confidence further.
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COMMUNICATION AND INTERPERSONAL SKILLS IN SOCIAL WORK

Fifth Edition

Juliet Koprowska University of York

Communication and interpersonal skills are at the heart of effective social work practice. This book explains the key communication theories in a systematic and practice-related way, essential for both undergraduate and postgraduate students to develop a critical understanding of the subject. This crucial fifth edition supports students with core communication skills by providing in-depth coverage that is closely interwoven with learning features that also engage, stimulate and challenge. Working with children, adults and those with learning difficulties are all fundamental aspects of the book, making it useful to students of all disciplines.

TRANSFORMING SOCIAL WORK PRACTICE SERIES

December 2018 • 245 pages
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SOCIAL MEDIA IN SOCIAL WORK PRACTICE

Joanne Westwood University of Salford

Mapped against UK regulatory bodies’ standards this book responds to new complex issues raised by social media. Joanne Westwood draws on evidence and contemporary examples from practice to contextualise developments in social media and outline how this has shaped social work practice in recent years. She unpicks the potential pitfalls and opportunities social media presents for individual practice, organisations and service users. After using the case study questions, quizzes and reflective activities students will be able to confidently apply their knowledge of four key issues: privacy, confidentiality, regulation, and professional ethics and values.

CONTENTS


December 2018 • 201 pages
Cloth (9781526420756) • £75.00
Paper (9781526420763) • £24.99

DEVELOPING YOUR COMMUNICATION SKILLS IN SOCIAL WORK

Paula Beesley, Melanie Watts and Mary Harrison all at Leeds Beckett University

This book is a step-by-step guide to developing effective communication skills with a diverse range of service users and professionals. It also encourages readers to continually reflect and develop these skills with tasks and questions that stimulate critical thinking. Key features include a wide range of case studies and skills audits to test for strengths and areas for development.

September 2017 • 200 pages
Cloth (9781473975868) • £55.00
Paper (9781473975875) • £22.99

Follow @SAGESocialWork on Twitter for all the latest updates, new releases and interesting articles!
This book will help your students develop and hone their skills in order to make the best start in their practice placements. Part One introduces students to the 10 areas that encompass the core communication skills required for social work practice, explaining what these areas are and why they’re important. Part Two will take students step by step through each of the key skills at the heart of the social work process, from interviewing and assessment skills to values and ethics. Part Three will provide them with a framework for understanding and deconstructing theories, methods and models in practice, helping them hone their skills in reflexivity and critical thinking. The book’s online resources include journal articles, videos of skills in practice, and first-hand accounts from frontline social workers, service users, carers, students and more.

CONTENTS

2016 • 296 pages
Cloth (9781473933769) • £65.00
Paper (9781473933776) • £22.99

Social work students are required to communicate in writing across a variety of practice methods and contexts, and this book has been designed to help them develop the skills to do this with confidence during their qualifying degree and throughout their professional career. The book covers a wide range of writing skills, including writing up case-notes, report writing, writing proposals, completing a literature review, writing journal articles and successful funding applications. New content includes:

• new material on confidentiality and the use of encryption
• reference to recent changes to regulation and new material on the pressures of staying up to date with new technology
• extended coverage of collaborative writing and group working skills
• up-to-date references, further reading and links to professional standards and CPD.

CONTENTS
Part 1: Essential Elements of Written Communication / Written Communication / Getting Your Message Across / Managing Information for Writing / Part 2: Writing Skills in Daily Practice / From Email to Twitter / Writing Case Records / Report Writing / Part 3: Macro-Practice Writing Skills: Obtaining Resources and Creating Change / Writing for Community Practice / Writing Funding Applications / Writing Policy Proposals / Part 4: Influencing Your Professional Context / Writing a Literature Review / Writing Journal Articles and Conference Papers / Professional Writing in Diverse Practice Contexts

December 2018 • 255 pages
Cloth (9781473969155) • £75.00
Paper (9781473969179) • £24.99

Taking a comparative approach, this book unpacks the principles and practice of residential child care across the UK while taking into account the differing legislation, policy and training contexts. Packed full of case studies, activities and experiences from real-life practice, it will provide students with everything they need to work in a residential child care setting. There are also important chapters on law, policy, practice, leadership and management, teamwork and collaborative practice.

CONTENTS

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November 2018 • 209 pages
Cloth (9781526413574) • £65.00
Paper (9781526413567) • £22.99

This is a popular and practical guide to a complex and demanding area of practice. It looks at the experiences of children in need who live in state care and the social worker’s role in working with them. There are chapters on communication and children’s rights, life story work, attachment and culture, as well as ethnicity and faith. Throughout the book there are sections on supporting legislation and policy for children in residential care, foster care, adoption and leaving care. Key features include:

• practical links between theory and practice
• coverage of law and policy relevant to looked after children
• information on understanding statistics
• practical activities throughout.

TRANSFORMING SOCIAL WORK PRACTICE SERIES

October 2018 • 240 pages
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EVIDENCE-BASED CHILD PROTECTION IN SOCIAL WORK

Colin Pritchard  Bournemouth University and Richard Williams  University of Washington, Seattle

Social workers deal with complex human situations every day. Invariably they do this with only partial knowledge of key factors, in situations that are dynamic and fast moving, and are often confronted with complex ethical and professional dilemmas. They need an up-to-date textbook that looks in detail at the evidence of who harms children, why people kill children and what good social work can achieve both at a micro and macro level. Featuring illustrations from practice as well as case studies and practical activities to aid learning, this book provides a holistic view of decision making as a core aspect of effective social work practice with at risk children and their families.

CONTENTS

THE SAGE HANDBOOK OF YOUTH WORK PRACTICE

Edited by Pam Aldred  Brunel University, Twickenham, Kathy Edwards  RMIT University and Dana Fusco  York College, City University of New York

This Handbook showcases the value of professional work with young people as it is practised in diverse forms in different locations around the world. The editors have brought together an international team of contributors who reflect the wide range of approaches that identify as youth work, and the even wider range of approaches that identify variously as community work or community development work with young people, youth programmes, and work with young people within care, development and (informal) education frameworks. It is structured to explore histories, current practice and future directions:

- Part I: ‘Youth Work’ and Approaches to Professional Work with Young People
- Part II: Professional Work with Young People: Projects and Practices to Inspire
- Part III: Values and Ethics in Work with Young People
- Part IV: Current Challenges and Hopes for the Future

SOCIAL WORK PRACTICE WITH OLDER ADULTS

An Actively Aging Framework for Practice

Jill M. Chonody  Boise State University and Barbara Teater  The College of Staten Island and Graduate Center, CUNY

This book presents a contemporary framework based on the World Health Organization’s active aging policy that allows forward-thinking students to focus on client strengths and resources when working with the elderly. The Actively Aging framework takes into account health, social, behavioral, economic, and personal factors as they relate to aging, but also explores environmental issues, which aligns with the new educational standards put forth by the Council on Social Work Education. The text examines all aspects of working with aging populations, from assessment through termination.

Key features:
- exercises, activities, and chapter-ending critical thinking questions
- a chapter on ageism discusses both negative and positive stereotypes
- a chapter devoted solely to ethics considers some of the specific dilemmas associated with aging
- a final chapter examines the impact of an Actively Aging framework on society in the future and shows how social work has the opportunity to create new ways of practice.

CONTENTS
Introduction to Aging / Aging and Ageism: Cultural Influences / Actively Aging and Social Work Practice / Health Determinants / Behavioral Determinants / Personal Determinants / Social Determinants / Economic Determinants / Physical Determinants / Ethics and Ethical Considerations / Actively Aging and Social Work Practice: Case Studies / The Future of an Actively Aging Society

SOCIAL WORK WITH CHILDREN AND FAMILIES

Fourth Edition

Maureen O’Loughlin and Steve O’Loughlin

Praise for the previous edition:
"An excellent introduction to social work with children and families. It links practice with legislation and highlights relevant research findings."

- Mr Dan Burrows, Cardiff Metropolitan University

Social work with children and families is a challenging, complex but ultimately rewarding pathway for the student social worker. This fully revised new edition aims to guide the student through the legislation, policy and law that surrounds social work with children and families, while providing a solid foundation for critical thinking. Vital skills and methods such as communication, observation and assessments are explored in detail. The ethical and value base of social work practice also underpins the text.

CONTENTS

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Transforming Social Work Practice Series

Ensure your students are up-to-date with the new editions and books in this affordable and student-friendly series. Using activities and case studies to help students develop critical thinking and reflection skills, these books help to build confidence by explaining what good practice should look like. All the books are mapped to the social work curriculum and professional capabilities framework.

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Aimed at busy social work and health care practitioners, particularly in the context of integrated health and social care, who are looking to enhance their skills and extend their knowledge. Written from a practical point of view, they have clear links to both qualifying training and CPD.
SAFEGUARDING ACROSS THE LIFE SPAN

June Keeling University Keele and David Goosey University of Westminster

Considering safeguarding across the life span and placing it within a multiagency context, this book gives students a grounding in the key issues of safeguarding today, highlighting the key skills and knowledge necessary for effective practice along the way. It includes reference to the latest legislation, skills for practice, a breadth of contexts and service-user groups, drawing on a range of case studies, activities, reflective questions and recommending reading from across health and social care. Locating age specific concerns in context and divided into sections which cover every stage of life, it addresses questions of culture, gender and problems frequently encountered in practice and what these mean for safeguarding and law.

CONTENTS
What is Safeguarding? / Governmental Administration within the Safeguarding Arena / Key Concepts in Safeguarding Practice / Key Theories in Safeguarding Practice / Part 1: Children and Young People / The Law and Safeguarding Children and Young People in the UK / Safeguarding and Neglect / Safeguarding Children and Young People from Online Danger / Safeguarding Children and Young People from Sexual Exploitation / Addressing Cultural Traditions within a Children and Young Person’s Safeguarding Context / Part 2: Adults / The Law and Safeguarding Adults in the UK / Safeguarding within a Domestic Violence Context / Safeguarding Adults with Physical or Learning Disability / Addressing Cultural Traditions within an Adult Safeguarding Context / Part 3: The Older Person / The Law and Safeguarding the Older Person in the UK / Safeguarding the Older Person from Abuse and Neglect / Mental Capacity and Safeguarding Concerns / Addressing Cultural Traditions within an Older Safeguarding Context / Continuing Professional Development

September 2018 • 235 pages
Cloth (9781473944459) • £75.00
Paper (9781473944442) • £23.99

CHILDHOOD TODAY

Edited by Alex Owen Liverpool Hope University

“[T]his book provides a detailed insight into different social constructs of childhood today. It keeps the reader enthralled, at the same time as deepening their knowledge and understanding. Incredibly useful for essays and exams!”

—Amalie Quevedo, Early Childhood and Education Studies Student, Liverpool Hope University

July 2017 • 160 pages
Cloth (9781473989368) • £75.00
Paper (9781473989375) • £24.99

COMPLEXITY IN SOCIAL WORK

Rick Hood Kingston University

Complexity lies at the heart of social work practice and this book is designed to help students and newly-qualified social workers plan for and manage complex cases in an increasingly complex environment. Split into two parts, this book reflects the journey of qualifying social work students from preparation for practice in an educational context to learning ‘on the job’ through working with service users in practice settings, and eventually assuming a more senior role in management, administration and training.

CONTENTS

April 2018 • 232 pages
Cloth (9781473993808) • £75.00
Paper (9781473993815) • £24.99

DIVERSITY AND ANTI-DISCRIMINATORY SOCIAL WORK PRACTICE

Rachel Good, Jessica Wagner both at Staffordshire University and Shirley Good

Race and ethnicity, gender, sexuality, religion, age and disability are just a few of the many aspects of diversity that students need to be familiar with and work with in order to bring about change, uphold social justice and promote equality in all aspects of their professional practice. This book begins by taking students step-by-step through the theoretical grounding that they need, including what diversity is, how it is reflected in modern society, and what are the core principles of diversity relevant to sound and moral social work practice. It then moves on to explore various aspects of diversity more specifically with extended case studies, activities and links to skills in practice illustrating the many opportunities and challenges that each aspect brings to everyday practice.

CONTENTS

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GETTING READY FOR DIRECT PRACTICE IN SOCIAL WORK

Peter Scourfield Anglia Ruskin University

This very practical book supports students to meet the requirements of the compulsory Readiness for Direct Practice assessment. Useful for social work students and lecturers alike, it takes each of the nine domains that students are tested on, breaks them down step-by-step and provides a range of interactive activities that enable them to acquire the knowledge, values and skills for practice required at this level. It also signposts them to other popular books in the Transforming Social Work Practice series for more detailed discussions.

CONTENTS
Professionalism / Values and Ethics / Diversity / Rights, Justice and Economic Wellbeing / Knowledge / Critical Reflection and Analysis / Intervention and Skills / Contexts and Organisations / Professional Leadership / Pulling it All Together and Preparing to Practise

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May 2017 • 224 pages
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SOCIAL INEQUALITY

Second Edition

Louise Warwick-Booth Leeds Beckett University

This engaging book not only introduces students to the key areas, definitions and debates within the field, but also encourages them to reflect upon social inequality in their own life and to critically analyse the power relations around them. With international examples and a clear, interdisciplinary approach throughout, the book encourages students to look at social inequality as a complex social phenomenon that needs to be understood in a global context.

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NEW EDITION!

THE INTENSIVE INTERACTION HANDBOOK

Second Edition

Dave Hewett Independent Education Consultant and Author

This is the ultimate book on what is now an established methodology in teaching the fundamentals of communication to children and adults who have severe learning difficulties or autism.

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NEW EDITION!

CRISIS INTERVENTION

A Practical Guide

Alan A. Cavaiola Monmouth University and Joseph E. Colford Georgian Court College, New Jersey

Crisis Intervention takes into account various environments and populations across the lifespan to provide students with practical guidelines for managing crises. Drawing on over 25 years of relevant experience, the authors cover several different types of crises frequently encountered by professionals in medical, school, work, and community settings. Models for effectively managing these crises are presented along with the authors’ own step-by-step approach, the Listen - Assess - Plan - Commit (LAPC) model, giving students the freedom to select a model that best fits their personal style or a given crisis. Future mental health professionals will gain the knowledge, skills, and confidence to help their clients manage the crises they will encounter in their day-to-day lives.

November 2017 • 456 pages
Paper (9781506322384) • £59.00

NEW EDITION!

PUTTING PROFESSIONAL LEADERSHIP INTO PRACTICE IN SOCIAL WORK

Peter Scourfield Anglia Ruskin University

The ability to demonstrate professional leadership is a core requirement for social work students and social workers operating at all levels. This comprehensive textbook is ideal for any student on a social work course, from undergraduate to postgraduate study, and will go onto serve as a useful reference for more experienced social work professionals. It engages in the essential discussion of what professional leadership means in the context of contemporary social work and why this is considered to be important for the future of the profession. Each chapter contains illustrative case studies, a range of interactive activities, a summary of key points and suggestions for further reading that enable students and qualified social workers to understand the knowledge, skills and attributes required in practicing professional leadership in real life contexts.

CONTENTS
Professionalism and the Need for Professional Leadership in Social Work / Leadership and Followership: Definitions, Theories and Models / Leadership in the Context of Social Work: Possibilities and Limits / Putting Leadership into Practice: Roles, Knowledge, Skills, Qualities and Attributes / Developing Leadership Practice: Next Steps

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This book brings together elements of legislation, Code of Practice, Memorandum, Government Circulars and relevant case law and policy to cover the roles which fall to an Approved Mental Health Professional.

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Peter Ellis Nursing and Healthcare Consultant, Writer and Educator

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- seven concise chapters that quickly answer the most common questions about research
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CONTENTS
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- chapter learning outcomes and key points
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Judy Green King’s College London and Nicki Thorogood
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• use secondary and digital sources
• code, manage, and analyse data
• write up your results

This book will support students studying public health, sports medicine, occupational therapy, nursing, midwifery, or another health discipline, through evaluating or undertaking any type of health research.

CONTENTS
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