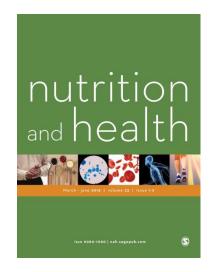
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About the journal

Nutrition and Health is an online international peer-reviewed journal that focusses on the relationship between nutrition and health. The journal welcomes original investigations, short communications, reviews, systematic reviews and meta-analyses, protocols, commentaries, hypotheses and case studies on current topics relating to the full spectrum of the effects of diet and nutrition on health and disease. Whilst the focus of the journal will be soundly based in human nutrition, animal, cellular and molecular based studies will be accepted where they can shed light on a particular mechanism or treatment modality pertinent to the human condition. Nutrition and Health will consider the publication of studies showing negative and non-findings on an equal basis with those studies showing positive findings.

The journal also seeks to raise awareness of the interrelationship between nutrition, exercise, physical activity and lifestyle for improving health across the lifespan and to demonstrate how healthcare outcomes and policies can be improved with the adoption of a more nutrition-oriented approach. In this way it aspires to provide an invaluable resource to nutrition and healthcare practitioners, as well as researchers and academics of nutrition studies.

Submission guidelines

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